

## FRCS REVISION COURSE | 6 JULY 2022

Key Topics in Sports Surgery (FRCS Tr&Orth)

**Face-to-Face | Institute of Sport Exercise & Health**

### Convened by:

Nicolas Nicolaou (Sheffield) | Neil Jain (Manchester) | Joanne Banks (Liverpool)



**Institute of Sport Exercise & Health, London, W1T 7HA**

### WHO SHOULD ATTEND?

Trainees preparing for the FRCS(Tr&Orth) Examination.



**CPD applied for**

Register @ [bostaa.ac.uk](http://bostaa.ac.uk)

08:30

**REGISTRATION****BASIC SCIENCES**

09:00 – 09:20	Surgical anatomy related to arthroscopic portals and approaches to joints in the upper limb	<b>Apurv Sinha</b>
09:20 – 09:40	Surgical anatomy related to arthroscopic portals and approaches to joints in the lower limb	<b>Tariq Kwaees</b>
09:40 – 10:15	Biomechanics of joints	<b>Richard Hutchinson</b>
10:15 – 10:30	Muscle physiology, contraction and its relevance to rehabilitation	<b>Fazal Ali</b>

10:30 – 10:45

**COFFEE****BASIC SCIENCES**

10:45 – 11:00	Nerve physiology, nerve injury	<b>Tom Quick</b>
11:00 – 11:40	Articular cartilage, tendon, ligaments, bone, meniscus	<b>Paul Banaszekiewicz</b>

**TRAUMA**

11:40 – 11:55	Acute and chronic compartment syndrome	<b>Jonathan May</b>
11:55 – 12:15	Upper limb dislocations	<b>Aditya Prinja</b>
12:15 – 12:35	Dislocated knee and dislocated hip	<b>Joanne Banks</b>
12:35 – 12:50	Avulsion injuries in the lower limb	<b>Neil Jain</b>
12:50 – 13:05	ACL and PCL injuries	<b>Matt Hampton</b>

13:05 – 13:45

**LUNCH**

**ADULT PATHOLOGY**

13:45 – 14:05	Back pain in the young active patient	<b>Syed Aftab</b>
14:05 – 14:25	Shoulder instability and impingement	<b>Neil Patel</b>
14:25 – 14:40	Patella instability	<b>Deiary Kader</b>
14:40 – 14:55	Chronic Ankle instability	<b>Jonathan May</b>
14:55 – 15:15	Knee OA in the younger patient	<b>Tom Kurien</b>

**HANDS AND PAEDS**

15:15 – 15:35	Hand injuries in sport	<b>Aanchal Jain</b>
15:35 – 15:50	Carpal instability	<b>Michael Elvey</b>
15:50 – 16:10	Sports injuries in children	<b>Pranai Buddhdev</b>

**16:10 – 16:30 T E A****CLINICAL EXAMINATION**

16:30 – 17:30	Tutorials on clinical examination techniques related to joints and sport	<b>Apurv Sinha</b> <b>Jeevan Chandrasenan</b>
17:30 – 18:15	Virtual clinical cases	<b>Jeevan Chandrasenan</b>

# REGISTRATION RATES

**Not a member? – JOIN BOSTAA today at:** [bostaa.ac.uk](http://bostaa.ac.uk)

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**Best value – attend both events, register now at:**

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Registration Category		BOSTAA Annual Conference 7th July 2022 Central Hall Westminster	BOSTAA FRCS Revision Course 6th July 2022 Institute of Sports Exercise & Health	Best Value Combined (both events)
<b>BOSTAA Members</b>	Current subscription paying BOSTAA Members only.	<b>£95</b>	<b>£80</b>	<b>£150</b>
<b>Non Members</b>	Non member Consultant surgeons, Trainees and Allied Health Professionals.	<b>£120</b>	<b>£80</b>	<b>£175</b>
<b>Exhibitors</b>	Participating industry exhibitors – extra passes.	<b>£150</b>	<b>n/a</b>	<b>n/a</b>



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